

MEMORANDUM FOR MG STUBBLEBINE

23 August 1983

SUBJECT: The Monroe Institute of Applied Science (M.I.A.S.)  
Seminar (U)

#### WHAT IS THE M.I.A.S. SEMINAR?

The Mark V program at M.I.A.S., is the latest improvement over the original "Gateway" experience. This experience is intended to expand mans consciousness and broaden his perception of reality. This is accomplished through a patented technology which synchronizes right/left brain interaction and produces peak amplitude within the optimum brain wave activity areas. This allows thought while in higher order brain wave states; conducive to original thought and/or holistic idea formulation.

#### HOW DOES THIS SEMINAR OPERATE?

Six days of intensive tape exercises; with each tape followed by a discussion relevant to the experience. This can range from personal (emotional), to group (intellectual) in nature.

Approximate one-two hour discussion periods with Mr. Robert Monroe are presented in the adjoining David Francis Hall. Topics covered are generally philosophic in nature.

Various films and tapes are presented following the above talks which are designed to enhance the overall experience.

Talks are also given by other M.I.A.S. personnel, with direct reference to the professional/medical association, New Land concept(s), and may include a tour of the newly constructed M.I.A.S. experimental lab.

One-on-one sessions between participants and the trained seminar counsellor also takes place as/or when necessary.

#### WHAT CAN BE EXPECTED?

Intellectual horizons will be broadened and new concepts of perception are unavoidable.

Light and heavy emotion packed responses will result from the intensive tape experience.

The experience can be expected to alter the participants personality with regard to interpersonal relationships.

#### WHAT MUST BE UNDERSTOOD PRIOR TO ATTENDANCE?

While Out-of-Body-Experiences (OBE) are known to spontaneously occur as a result of the technology utilized, this is not the purpose of the seminar.

Personal value derived is completely dependent on degree of participation or effort which one puts into the experience.

M.I.A.S. does not "push" a specific philosophic, spiritual, or intellectual position on anyone. They do try to open the human concept of experience and consciousness.

Prior to attending the seminar, practice tapes were provided in order to assist the participant in quick adaptation to training techniques. Not using these prior to participation can directly affect the outcome experienced by the participant, due to reduced sensitivity.

The Group identity will have a direct result on the effectiveness of the experience. In this case because of the all "military minded" group, unless participants across the board are willing, and urged to divest themselves of peer pressure, rank consciousness, ego based self protectiveness, etc., the experience of the whole will be severely diluted.

#### RECOMMEND

Have no expectations other than to be "Open" minded.

Give and participate 100%.

Enjoy the experience more as a fun or human thing to do, versus work oriented.

Dress in shorts and tee shirt, and carry along a bathing suit.

Fasting during the seminar, or conscious control of the amount of food intake has been known to enhance the experience.

Prepare to spend free time in a physical exercise (e.g., jogging, swimming, hiking, etc.). This will assist in "grounding" the participant which in turn greatly enhances the experience.

#### CAUTION

Not all of the people who reside on the property, or those who frequent or visit the center are friendly to the U. S. Government or Army. Some can be particularly caustic with regard towards "Intelligence" type personnel involvement with M.I.A.S. During my most recent visit it was clearly established by personnel (other than M.I.A.S. Employees) that they were very much aware the U. S. Army, specifically U. S. Army Intelligence personnel, were coming to attend a seminar.